



SUNDALE

CREATING COMMUNITIES SINCE 1963



1800 786 325



enquiries@sundale.org.au



144 Currie Street,
Nambour QLD 4560

ABN: 33 436 160 489

ACN: 164 270 946

14 August 2020

COVID-19 (novel coronavirus) update

As a valued member of the Sundale community, I wanted to provide you with an update and outline what Sundale is doing to monitor the COVID-19 situation (formally known as novel coronavirus) and some of the changes we are about to implement.

Thank you for your support and discipline over the past six months. Your considered actions have helped minimise the threat of COVID-19 entering a Sundale Retirement Community.

Sundale continues to liaise directly with, and take advice from a range of authorities, including Queensland Health, the Queensland Minister for Health and Queensland's Chief Health Officer.

In line with their recommendations, visitors and team members should not enter a Sundale Retirement Community if:

- They have been diagnosed with COVID-19 and have not finished their isolation;
- They returned to Queensland from overseas or interstate within the past 14 days;
- They have been in contact with someone who has had a confirmed case of COVID-19 within the past 14 days;
- They have been in a COVID-19 hotspot in the past 14 days; or have visited a Queensland COVID restricted area in the past 14 days;
- They have a fever or symptoms of a respiratory infection such as a cough, sore throat or shortness of breath.

To help minimise the threat of COVID-19, residents, visitors and team members should also adhere to the following conditions whilst visiting a Sundale Retirement Community.

- Keep social distancing;
- Stay at least 1.5 metres away from others;
- Make sure there is at least 4 square metres per person when indoors;
- Practice hand hygiene;
- Practice respiratory hygiene;
- Frequently clean and disinfect your environment;
- Be willing to undergo a screening process (including temperatures / previous travel).

The [Queensland Government's Roadmap to Easing Restrictions](#), outlines a step-by-step approach to giving Queenslanders more freedom to travel, participate in more activities and hold more gatherings.

The State is currently in Stage 3, meaning:

Family, friends and community

- Private, non-commercial (e.g. home) gatherings of up to 100 with friends and family;
- Weddings and funerals (max 100 people)*;
- Maximum number of persons at museums, art galleries, libraries and historic sites determined by the one person per 4 square metre rule;
- Sport, recreation and fitness organisations when following a COVID Safe Industry Plan:
 - Resumption of activity including competition and physical contact is permitted on the field of play;
 - Indoor sports facilities can open with one person per 4 square metres (off the field of play)*:
 - Outdoor sports facilities can open with physical distancing (off the field of play).

Businesses and economy

- Maximum number of customers for a business at any one time is determined by the 4 square metre rule#^;
- For smaller venues below 200 square metres, businesses can have one person per 2 square metres up to 50 persons at a time*#;
- The following businesses and areas may re-open with a COVID Safe Plan:
 - Casinos, gaming and gambling venues (including electronic gaming machines);
 - Non-therapeutic massage^;
 - Saunas and bathhouses^;
 - Nightclubs;
 - Food courts;
- Office-based workers can return to their place of work;
- Up to 25,000 spectators or 50% of capacity (whichever is the lesser) at Queensland's Major Sports Facilities, with a COVID Safe Plan;
- Concert venues, theatres and auditoriums can open and have up to 50% capacity or one person per 4 square metres (whichever is the greater), with a COVID Safe Plan.

* Provided contact details are kept for 56 days

Defined areas no longer required

^ Max 50 with a COVID Safe Checklist when not complying with a COVID Safe Industry Plan

Community Centres

Sundale's Community Centres are open to Retirement Community residents only. To help minimise the threat of COVID-19, no guests are currently allowed in the Community Centres.

Sundale beauty salons

Beauty salons located in Sundale's Care Centres remain closed.

Meetings

It's essential all residents adhere to the *Queensland Government's Roadmap to Easing Restrictions* recommendations, especially at resident committee meetings.

Resident Committee Presidents will ensure restrictions are not breached and will implement a framework which requires residents to register to attend a committee meeting.

Residents must also adhere to physical distancing recommendations and practice good hand and respiratory hygiene at meetings.

Cleaning

To help protect the health and wellbeing of all residents and to minimise the threat of COVID-19 entering a Sundale Retirement Community, it's essential residents thoroughly clean and disinfect all surfaces at the conclusion of all gatherings in Sundale's clubhouses.

Sundale will also methodically clean and disinfect clubhouses once a week.

Sundale Residential Assistance Program

Sundale is proud to provide all ILU residents with free, emotional and psychological support programs from qualified practitioners, including psychologists, social workers and counsellors.

To access the free, confidential service, please call 1800 818 728.

You will then need to select option 2 and advise you are a Sundale resident calling from Coolum Waters, Nambour Garden Village, Palmwoods Garden Village or Rotary Garden Village.

Sundale will continue to take a responsible and considered approach to protect the health and wellbeing of its residents and team members to help minimise the threat of COVID-19 entering a Sundale Retirement Community.

Yours sincerely,



Danielle Mackenzie
Sundale CEO