





SUNDALE

CREATING COMMUNITIES SINCE 1963

 1800 786 325

 enquiries@sundale.org.au

 144 Currie Street,
Nambour QLD 4560

ABN: 33 436 160 489

ACN: 164 270 946

24 August 2020

COVID-19 (novel coronavirus) update

Further to my letter dated 14 August 2020, as a valued member of the Sundale community, I wanted to provide you with an update and outline what Sundale is doing to monitor the COVID-19 situation (formally known as novel coronavirus) and some of the changes we are about to implement.

On Saturday (22 August 2020), the Queensland Government implemented [additional restrictions](#) following multiple new cases of COVID-19 linked to the Brisbane Youth Detention Centre in Wacol.

Retirement Communities

Throughout the Sunshine Coast and the Gladstone/Boyne Island regions, gatherings in homes and public spaces have been reduced to a maximum of 30 people.

Brisbane Youth Detention Centre cluster alert

Any Sundale resident who has been to the [below locations](#) at these times should monitor their health and, if they develop even the mildest of COVID-19 symptoms, get tested.

Date	Place	Suburb	Arrival time	Departure time
9 August 2020	IGA Express	Forest Lake	~6.30am	~6.40am
9 August 2020	Anytime Fitness, Village Square	Browns Plains	11am	12:10pm
9 August 2020	Woolworths, Browns Plains Grand Plaza	Browns Plains	11am	12pm
10 August 2020	Spotlight	Browns Plains	~9:30am	~9:45am
10 August 2020	Coles, Forest Lake Shopping Centre	Forest Lake	~10.00am	~10.15am
10 August 2020	Anytime Fitness, Village Square	Browns Plains	10:15am	11:25am
10 August 2020	Woolworths, Browns Plains Grand Plaza	Browns Plains	~11am	~12:30pm
10 August 2020	Greenbank Takeaway	Greenbank	5:30pm	5:40pm
10 August 2020	Woolworths, Forest Lake Shopping centre	Forest Lake	unknown	unknown
11 August 2020	BP Wacol (Cnr Boundary & Progress Rds)	Wacol	~6am	~6:15am

11 August 2020	Mt Gravatt Swimming Pool, Wecker Rd (updated)	Mt Gravatt	11.25am	12.05pm
11 August 2020	Dami Japanese Restaurant	Mt Gravatt	~12pm	unknown
12 August 2020	Lakeside Fruit Barn, Forest Lake Shopping Centre	Forest Lake	4pm	~4.30pm
12 August 2020	Woolworths, Forest Lake Shopping centre	Forest Lake	~4:30pm	~5pm
12 August 2020	Thai Antique	Carina Heights	6pm	6:15pm
12 August 2020	Coles, Browns Plains Grand Plaza	Browns Plains	~7:15pm	unknown
13 August 2020	Australian Nails, Forest lake Shopping Centre	Forest Lake	11am	~12am
13 August 2020	Forest lake Shopping Centre	Forest Lake	11am	3pm
13 August 2020	Fig Tree Bakehouse, Forest Lake Shopping Centre	Forest Lake	12pm	unknown
13 August 2020	Nandos, Forest Lake Shopping Centre	Forest Lake	after 12pm	unknown
14 August 2020	OfficeWorks	Browns Plains	~10am	~10:10am
14 August 2020	Coles, Browns Plains Grand Plaza	Browns Plains	After 10am	before 11am
14 August 2020	Ikea	Slacks Creek	11am	2pm
14 August 2020	Woolworths, Marsden on Fifth shopping centre	Marsden	~11:15am	~11:30am
14 August 2020	Anytime Fitness, Village Square	Browns Plains	2:20pm	3:30pm
14 August 2020	Bunnings	Browns Plains	~2:30pm	~3pm
14 August 2020	Aldi, Forest Lake Village Shopping Centre	Forest Lake	~4pm	~4.30pm
14 August 2020	Coles, Forest Lake Shopping Centre	Forest Lake	~4pm	~4:30pm
15 August 2020	K-Mart, Browns Plains Grand Plaza	Browns Plains	~9:30am	~9:45am
15 August 2020	Anytime Fitness, Village Square	Browns Plains	10:25am	11:35am

16 August 2020	Woolworths, Marsden on Fifth shopping centre	Marsden	~10am	~10:15am
16 August 2020	Coles, Browns Plains Grand Plaza	Browns Plains	~10:30am	~11am
16 August 2020	Anytime Fitness, Village Square	Browns Plains	1:20pm	2:30pm
16 August 2020	Riverlink Shopping Centre	Ipswich	Morning	Morning
16 August 2020	The Reject Shop	Ipswich	Morning	Morning
16 August 2020	Jamaica Blue coffee shop	Ipswich	Morning	Morning
17 August 2020	Indooroopilly Shopping Centre	Indooroopilly	11:00am	1pm
17 August 2020	BUPA	Indooroopilly	11:00am	1pm
17 August 2020	Origin Kebabs	Indooroopilly	11:00am	1pm
17 August 2020	Greenbank Takeaway	Greenbank	~6:30pm	~6:40pm
17 August 2020	Costco Bundamba self-service fuel station	Bundamba	Afternoon	Afternoon
18 August 2020	BCF	Greenslopes	~12:30pm	~1pm
18 August 2020	Rock and Roll Butcher (Formerly Brisbane Bulk Meats), Logan Rd, Greenslopes	Greenslopes	1pm	Unknown
18 August 2020	Chemist Warehouse (Waratah Dr)	Crestmead	Afternoon	Afternoon
18 August 2020	Uncle Bill's Takeaway	Brassall	5:45pm	6:15pm
18 August 2020	BP Wacol (Cnr Boundary & Progress Rds)	Wacol	Evening	Evening
19 August 2020	12 RND Fitness	Birkdale	8am	9:30am
19 August 2020	Woolworths, Browns Plains Grand Plaza	Browns Plains	~9:30am	unknown
19 August 2020	The Jam Pantry	Greenslopes	10:30am	11:45am
19 August 2020	Red Cross Op Shop, Sherwood Rd	Sherwood	12.30pm	~1pm
19 August 2020	Westfield Carindale Shopping Centre	Carindale	~1pm	~3pm
19 August 2020	Indooroopilly shopping Centre	Indooroopilly	1pm	4pm

19 August 2020	Myer	Indooroopilly	1pm	4pm
19 August 2020	David Jones	Indooroopilly	1pm	4pm
19 August 2020	Touch of Indian	Indooroopilly	1pm	4pm
19 August 2020	Bras 'n' Things, Westfield Carindale	Carindale	~1pm	~3pm
19 August 2020	Ghanda clothing, Westfield Carindale	Carindale	~1pm	~3pm
19 August 2020	Myer, Westfield Carindale	Carindale	~1pm	~3pm
19 August 2020	Newsagent in Sherwood, Sherwood Rd	Sherwood	1.10pm	~1.20pm
19 August 2020	Baskin Robbins, Camp Hill Market Place	Camp Hill	~5:30pm	~5:40pm
19 August 2020	Pho Inn, Camp Hill Market Place	Camp Hill	~5:30pm	~5:40pm
19 August 2020 - 20 August 2020	Ipswich Hospital ED	Ipswich	11:00pm	6:19am
20 August 2020	Woolworths, Marsden on Fifth shopping centre	Marden	~10am	~10:15am
21 August 2020	Woolworths, Forest Lake Shopping centre	Forest Lake	~10:30am	~10:45am
21 August 2020	The Chop Shop (Butcher), Forest Lake Shopping Centre	Forest Lake	~10.45am	~11.15am
21 August 2020	Best & Less, Forest Lake Shopping Centre	Forest Lake	~10.45am	~11.15am

Ongoing

In line with their recommendations, visitors and team members should not enter a Sundale Retirement Community if:

- They have been diagnosed with COVID-19 and have not finished their isolation;
- They returned to Queensland from overseas or interstate within the past 14 days;
- They have been in contact with someone who has had a confirmed case of COVID-19 within the past 14 days;
- They have been in a COVID-19 hotspot in the past 14 days; or have visited a Queensland COVID restricted area in the past 14 days;
- They have a fever or symptoms of a respiratory infection such as a cough, sore throat or shortness of breath.

To help minimise the threat of COVID-19, residents, visitors and team members should also adhere to the following conditions whilst visiting a Sundale Retirement Community.

- Keep social distancing;
- Stay at least 1.5 metres away from others;
- Make sure there is at least 4 square metres per person when indoors;
- Practice hand hygiene;
- Practice respiratory hygiene;
- Frequently clean and disinfect your environment;
- Be willing to undergo a screening process (including temperatures / previous travel).

Community Centres

Sundale's Community Centres are open to Retirement Community residents only. To help minimise the threat of COVID-19, no guests are currently allowed in the Community Centres.

Sundale beauty salons

Beauty salons located in Sundale's Care Centres remain closed.

Meetings

It's essential all residents adhere to the *Queensland Government's Roadmap to Easing Restrictions* recommendations, especially at resident committee meetings.

Resident Committee Presidents will ensure restrictions are not breached and will implement a framework which requires residents to register to attend a committee meeting.

Residents must also adhere to physical distancing recommendations and practice good hand and respiratory hygiene at meetings.

Cleaning

To help protect the health and wellbeing of all residents and to minimise the threat of COVID-19 entering a Sundale Retirement Community, it's essential residents thoroughly clean and disinfect all surfaces at the conclusion of all gatherings in Sundale's clubhouses.

Sundale will also methodically clean and disinfect clubhouses once a week.

Sundale Residential Assistance Program

Sundale is proud to provide all ILU residents with free, emotional and psychological support programs from qualified practitioners, including psychologists, social workers and counsellors.

To access the free, confidential service, please call 1800 818 728.

You will then need to select option 2 and advise you are a Sundale resident calling from Coolum Waters, Nambour Garden Village, Palmwoods Garden Village or Rotary Garden Village.

Care Centres

In line with [Aged Care Direction \(No.9\)](#) and ***effective immediately***, Sundale's Care Centres are now ***Restricted Residential Aged Care Facilities***, despite no confirmed cases of COVID-19 at a Sundale Care

Centre or Retirement Community.

The decision to restrict access to Sundale's Care Centre's protects the health and wellbeing of our care recipients and team members and follows a directive from Queensland Health relating to multiple new cases of COVID-19 linked to the Brisbane Youth Detention Centre in Wacol.

The proactive decision to make Sundale's Care Centres, *Restricted Residential Aged Care Facilities* acknowledges Queensland Health's concerns the COVID-19 cluster could be widespread.

Sundale will continue to review this decision.

Sundale will continue to take a responsible and considered approach to protect the health and wellbeing of its residents and team members to help minimise the threat of COVID-19 entering a Sundale Retirement Community.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'DM', is positioned above the typed name.

Danielle Mackenzie
Sundale CEO