



SUNDALE

CREATING COMMUNITIES SINCE 1963



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11 January 2021

COVID-19 (novel coronavirus) update

Further to my letter dated 8 January 2021, as a valued Sundale team member, I wanted to provide you with an update and outline Sundale's current approach to managing the COVID-19 situation.

TEAM MEMBERS - EFFECTIVE FROM 6PM – 11 JANUARY 2021

To protect the health and wellbeing of all team members, residents, care recipients and consumers, face masks must be worn by team members at all Sundale facilities, including, but not limited to:

- Care Centres;
- Retirement Communities;
- In-Home Care visitations;
- Sundale HQ;
- Caravan Parks;
- Sundale Laundry.

Team members who have been in Greater Brisbane on or after 2 January 2021 must contact their manager immediately.

Next steps, including whether you are allowed to return to work or enter any Sundale facility will be assessed on a case-by-case basis.

CARE CENTRES – ONGOING PRECAUTIONS

Sundale's Care Centres will continue to have in place visitation restrictions as a precaution until Friday, 22 January 2021.

This decision protects the health and wellbeing of our care recipients and team members and acknowledges Queensland Health's ongoing restrictions on aged care facilities in the City of Ipswich, City of Brisbane, Logan City, Moreton Bay Region and Redland City regions.

The decision follows Greater Brisbane's three-day lockdown (which ends this evening at 6pm, Monday, 11 January 2021) period, which allowed contact tracers to pinpoint close contacts of a Brisbane quarantine hotel cleaner diagnosed with the highly contagious UK variant of COVID-19.

Queensland authorities remain concerned about the case, given the woman, aged in her 20s, was out in the community for several days, before developing symptoms and testing positive for COVID-19. It was the first time in Australia that a person has been out in the community while unknowingly ill with the highly-infectious strain.

CARE CENTRES – ADDITIONAL RESOURCES / BUS TRIPS

Sundale has further bolstered its lifestyle activities within its Care Centres, including additional tailored, one-on-one care activities. Additional bus trips for our care recipients have also been scheduled.

In addition to bolstering internal lifestyle programs, we've also prioritised our care recipients' mental health and wellbeing, via our emotional and well-being support team (Sundale's Social Worker and Sundale's Consumer Support Officer) who are available to all care recipients and their families.

CONTACT TRACING

Anyone who has been in the [below locations](#) during the relevant time periods, regardless of whether they have symptoms, is asked to come forward for [testing](#) and isolate until they:

- a. Receive their results;
- b. Receive instructions from their direct line manager for return-to-work status.

Date	Place	Suburb	Arrival time	Departure time
Saturday 2 January	Train from Altandi station to Roma street	Sunnybank	7.00am	-
Saturday 2 January	Train from Central Station to Altandi station	Brisbane City	4.00pm	-
Sunday 3 January	Woolworths Calamvale North	Calamvale	11.00am	12.00pm
Tuesday 5 January	Coles Sunnybank Hills Shoppingtown	Sunnybank Hills	7.30am	8.00am
Tuesday 5 January	Nextra Sunnybank Hills Newsagent	Sunnybank Hills	8.00am	8.15am

Anyone who has been to any of the below locations at the relevant times you should:

- a. Monitor for [COVID-19 symptoms](#);
- b. Contact their direct line manager for return-to work status;
- c. If any symptoms occur, get tested and quarantine at home until you receive a negative result.

Date	Place	Suburb	Arrival time	Departure time
Wednesday 6 January	Capriccios Italian Pizza Restaurant Take-away only, waited outside	Maleny	6.30pm	7.00pm
Thursday 7 January	Purple Palate Cellars	Maleny	4.30pm	4.35pm
Thursday 7 January	Woolworths Supermarket	Maleny	4.40pm	4.50pm

Flight Number	Airline	Origin	Destination	Date of arrival	Arrival time
JQ570	Jetstar	Melbourne	Brisbane	5 January 2021	11pm AEST

NAMBOUR

[Recent wastewater test results](#) conducted by Queensland Health, in partnership with researchers from the University of Queensland and CSIRO have discovered traces of COVID-19 in Nambour.

If you live in Nambour and you **have** been to the Greater Sydney area on or since 11 December 2020, please come forward and get tested regardless of whether or not you have symptoms.

If you live in Nambour and **haven't** been in the Greater Sydney area recently, you should still come forward for testing if you have symptoms.

Please also contact your manager immediately if you fall into the two abovementioned categories.

COVID-19 HOTSPOTS

Important update for anyone who has travelled or is travelling to Victoria or New South Wales

While Queensland's borders remain unchanged, anyone currently in Queensland who has been in Victoria on or since Monday 21 December 2020, should [get tested](#) immediately and [quarantine at home](#) or their accommodation until receiving a negative COVID-19 test result.

Queenslanders are urged to reconsider non-essential travel to New South Wales and Victoria as the situation in each state is concerning, and border arrangements may change. Queensland residents that are currently in New South Wales or Victoria should consider returning home.

Queensland resident returning from New South Wales

Queensland residents who have been in a [declared hotspot](#) (currently Greater Sydney) in the last 14 days:

- Must apply for a [Queensland Border Declaration Pass](#) before entering Queensland;
- Can only enter Queensland by air and will be directed to [quarantine in government arranged accommodation](#).

Queenslanders returning from New South Wales that have not been in a [declared hotspot](#) (currently Greater Sydney) in the last 14 days:

- Must apply for a [Queensland Border Declaration Pass](#) before entering Queensland;
- Can enter Queensland by any mode of transportation.

Hotspots are places in Australia or safe travel zone countries where health officials have found a lot of people with COVID-19, or places that are at risk of a lot of COVID-19 infections. Hotspots are legally listed so that people travelling from those high-risk areas into Queensland can be identified.

From 1am AEST Monday 21 December 2020, [35 New South Wales LGAs](#) are considered COVID-19 hotspots.

NEXT STEPS

Any healthcare worker or employee of an Aged Care service who has travelled to, or has had close contact with someone who has travelled to/from New South Wales or Victoria must notify their manager immediately.

Next steps, including whether you are allowed to return to work or enter any Sundale facility will be

assessed on a case-by-case basis.

PREVENT THE SPREAD:

- Stay home if you are sick;
- If you have any [COVID-19 symptoms](#), no matter how mild, [get tested](#) then isolate at home until you get the results and your symptoms resolve;
- Stay 1.5 metres away from other people—think two big steps;
- Wash your hands with soap and water, or hand sanitiser;
- Leave a location if it is crowded.

Sundale will continue to work with Queensland Health and make responsible, considered decisions to help minimise the threat of COVID-19 entering Sundale.

Yours sincerely,



Danielle Mackenzie
Sundale CEO