



SUNDALE

CREATING COMMUNITIES SINCE 1963



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COVID-19 (novel coronavirus) update

Further to the letter dated 5 February 2021, as a valued member of the Sundale community, I wanted to provide you with an update and outline Sundale's current approach to managing the COVID-19 situation.

PROTECTING AGED CARE RESIDENTS

What's changed from 1am AEST 15 February 2021.

Specific parts of Victoria are now declared [COVID-19 hotspots](#).

Anyone who has been in the [36 Local Government Area's](#) that make up Greater Melbourne in the last 14 days or since 7 February 2021 (whichever is shorter) will not be allowed to enter a residential aged care facility in Queensland for any purpose, unless they have an exemption for an end of life visit.

Anyone who has been in the previously listed [31 Greater Melbourne Local Government Areas of concern](#) between 29 January 2021 and 6 February 2021, cannot enter a residential aged care facility unless 14 days have passed since they were there.

You may be requested to provide evidence of the negative COVID-19 test when entering the facility.

OVERVIEW

Visitors, staff or volunteers at a residential aged care facility should not be anyone who:

- Is unwell;
- Has been diagnosed with COVID-19 or asked to quarantine;
- Has returned from overseas in the last 14 days (excluding safe travel zone countries);
- Has had contact with a person with COVID-19 in the last 14 days;
- Has visited a [COVID-19 hotspot](#) in the last 14 days or since the hotspot was declared (whichever is shorter);
- Has been tested for COVID-19 and is waiting for the result (except for tests due to surveillance testing obligations);
- Has [COVID-19 symptoms](#) of fever (37.5 degrees or more), cough, shortness of breath, sore throat, loss of smell or taste, runny nose, diarrhoea, nausea, vomiting or fatigue;
- Has been in a [public exposure site as listed by the Victorian Government](#);
- Has been in the [31 Greater Melbourne Local Government Areas of concern](#) between 29 January 2021 and 6 February 2021 and not obtained a negative [COVID-19 test](#).

CARE CENTRES

In line with Phase 3 of [Sundale's roadmap to easing restrictions](#), the following conditions remain in place at Sundale's Care Centres.

Care recipients allowed to leave Sundale for a range of reasons, including but not limited to:

- Exercise;
- Attending small family gatherings (as long as physical distancing can be maintained);
- Receiving or accessing health care including mental health and allied health services;
- Receiving end of life support or Palliative Care;
- Attending a funeral;
- Visiting another residential aged care facility.

Sundale will require 48 hours notification of any care recipient leave requests. This is to ensure sufficient time is allocated to undertake all relevant risk assessment processes prior to the care recipient's leave commencing.

Visitors must register their intent to visit by contacting their Care Centre.

CONTINUING CONDITIONS

The following conditions are in place at Sundale's Care Centres. Visitors and care recipients must:

- Practise social distancing - stay at least 1.5 metres away from others;
- Make certain there is at least 2 square metres per person when indoors;
- Practise hand hygiene;
- Practise respiratory hygiene;
- Frequently clean and disinfect your environment;
- Be willing to undergo a screening process (including temperatures / previous travel).

PREVENT THE SPREAD:

- Stay home if you are sick;
- If you have any [COVID-19 symptoms](#), no matter how mild, [get tested](#) then isolate at home until you get the results and your symptoms resolve;
- Stay 1.5 metres away from other people—think two big steps;
- Wash your hands with soap and water, or hand sanitiser;
- Leave a location if it is crowded.

Sundale will continue to work with Queensland Health and make responsible, considered decisions to help minimise the threat of COVID-19 entering Sundale.

Yours sincerely,



Danielle Mackenzie
Sundale CEO