



**SUNDALE**

CREATING COMMUNITIES SINCE 1963



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## COVID-19 (novel coronavirus) update

As a valued Sundale team member, I wanted to provide you with an update and outline Sundale's current approach to managing the COVID-19 situation.

### SUNDALE CARE CENTRES - RESTRICTED RESIDENTIAL AGED CARE FACILITIES

In line with a directive from the Queensland Government, all Care Centres throughout Queensland have been classified as **Restricted Residential Aged Care Facilities**.

The decision to restrict access for the next 14 days at all Queensland Aged Care Facilities prioritises the health and safety of all care recipients.

In line with recommendations outlined by Queensland Chief Health Officer, Dr Jeannette Young, only end of life support visits will be permitted for the next fortnight.

### RESTRICTIONS

New rules are in place for the whole of Queensland from midday 1 April to 15 April.

#### **Masks**

A mask must be carried outside the home and worn in the following settings:

- Shopping Centres
- Workplaces
- Public transport.

#### **Gatherings at home**

- Restricted to 30 people.

#### **Hospitality**

- Customers must be seated
- 2sqm density rule applies
- No dancing in public venues.

#### **Churches**

- Services can go ahead under 2sqm rule or at 100 per cent capacity if seating is ticketed.

For more information, please visit:

[https://www.covid19.qld.gov.au/government-actions/roadmap-to-easing-queenslands-restrictions#\\_current](https://www.covid19.qld.gov.au/government-actions/roadmap-to-easing-queenslands-restrictions#_current)

#### HEALTH ADVICE

To prevent the spread of COVID-19, the Federal Department of Health advises practising good hygiene and physical distancing, including:

- Wash your hands often with soap and water
- Use alcohol-based hand sanitisers
- Avoid touching your eyes, nose and mouth
- Clean and disinfect frequently used surfaces such as benchtops, desks and doorknobs
- Clean and disinfect frequently used objects such as mobile phones, keys, wallets and work passes
- Increase the amount of fresh air available by opening windows or adjusting air conditioning
- Stay 1.5 metres away from other people whenever possible.

For more information, please visit:

[https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert?utm\\_source=health.gov.au&utm\\_medium=redirect&utm\\_campaign=digital\\_transformation&utm\\_content=health-topics/novel-coronavirus-2019-ncov](https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert?utm_source=health.gov.au&utm_medium=redirect&utm_campaign=digital_transformation&utm_content=health-topics/novel-coronavirus-2019-ncov)

#### CONTACT TRACING

Contact tracing information is constantly being updated on the Queensland Health website.

<https://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/current-status/contact-tracing>

Prior to commencing any shift at Sundale, please check the website and contact your manager immediately if you have visited any of the listed locations at the relevant times.

#### ***Close contacts – quarantine for 14 days and complete the contact tracing self-assessment***

If you have been to any of the [locations](#) at the relevant times you should:

- [quarantine at home](#) immediately for 14 days since attending those venues at those times
- complete the [contact tracing self-assessment](#) if you have not already been contacted by Queensland Health in relation to this potential exposure. If you are unable to complete the online contact-tracing self-assessment please call 13 HEALTH (13 43 25 84)
- stay quarantined even if you get a negative test until 14 days have passed since you were last there. It can take 14 days before you may show symptoms or test positive

### ***Casual contacts – get tested immediately and quarantine until you get a negative result***

If you have been to any of the [locations](#) at the relevant times you should:

- [get tested](#) immediately even if you have no symptoms
- [quarantine at home](#) immediately until you receive a negative result
- complete the [contact tracing self-assessment](#)
- watch for [COVID-19 symptoms](#) and [get retested](#) if you feel unwell

### **AGED CARE DIRECTION (No.25)**

#### **PART 1 – REQUIREMENTS FOR ALL RESIDENTIAL AGED CARE FACILITIES**

9. A person must not enter, or remain on, the premises of a residential aged care facility in the State of Queensland if:

- a. during the 14 days immediately preceding the entry, the person who is an international arrival arrived in Australia from a place outside Australia; or
- b. during the 14 days immediately preceding the entry, or since the start date identified for the COVID-19 hotspot, whichever is shorter, the person has been in a place which at the time of entry is a [COVID-19 hotspot](#); or
- c. during the 14 days immediately preceding the entry, the person had known contact with a person who has a confirmed case of COVID-19; or

*Note: Known contact with a person who has a confirmed case of COVID-19 under paragraph 9(c) does not include contact that occurs when a residential aged care worker or healthcare worker or practitioner providing health or medical care has been wearing appropriate PPE in accordance with Queensland Health's Residential Aged Care Facility and Disability Accommodation PPE Guidance and has followed recommended infection control precautions.*

- d. the person has a temperature equal to or higher than 37.5 degrees or symptoms consistent with COVID-19; or
- e. the person has been tested for COVID-19 and has not yet received the results of that test.

#### **PART 3 – REQUIREMENTS FOR RESTRICTED RESIDENTIAL AGED CARE FACILITIES**

##### **PERSONS PERMITTED TO ENTER A RESTRICTED RESIDENTIAL AGED CARE FACILITY**

28. A person must not enter, or remain on, the premises of a restricted residential aged care facility in the State of Queensland unless:

- a. the person is an employee, contractor or student of the restricted residential aged care facility; or
- b. the person's presence at the premises is for the purposes of providing goods or services that are necessary for the effective operation of the restricted residential aged care facility, whether the goods are provided for consideration or on a voluntary basis; or
- c. the person's presence at the premises is for the purposes of providing health, medical,

personal care (such as hairdressing), pathology or pharmaceutical services to a resident of the restricted residential aged care facility, whether the goods or services are provided for consideration or on a voluntary basis;

- d. the person's presence at the premises is for the purposes of end of life visit for a resident of the restricted residential aged care facility; or

*Note – Paragraphs 19 to 21 require particular persons to obtain an exemption before attending a residential aged care facility for an end of life visit.*

- e. the person's presence at the premises is required for the purposes of emergency management, law enforcement or the exercise of a power or function of a government agency or entity under a law; or
- f. the person's presence at the premises is in the person's capacity as a prospective resident of the restricted residential aged care facility or as a support person of a prospective resident of the restricted residential aged care facility; or
- g. the operator of a residential aged care facility has granted permission for the person to enter a restricted residential aged care facility for the purposes of maintaining continuity of care for a resident that cannot be delivered by electronic or non-contact means.

*Example: A resident may require support from their primary care giver to eat their meals.*

29. A person may not visit a resident in a restricted residential aged care facility other than in accordance with paragraph 28(d) above.

*Note – personal visits are not permitted in a restricted residential aged care facility.*

30. Despite paragraph 28, a person must not enter, or remain on, the premises of a restricted residential aged care facility unless in accordance with Part 1 of this Direction.

### **WEARING OF FACE MASKS**

32. Any person (other than a resident) must not enter, or remain on, the premises of a restricted residential aged care facility without wearing a single use surgical face mask.

*Note – a person who does not, or is unable to wear a face mask, must not enter a restricted residential aged care facility.*

33. Despite paragraph 32, a person may remove their single use surgical face mask if wearing one is not safe in all the circumstances.

*Example – a person may temporarily remove their face mask if wearing one will cause severe distress to a resident.*

34. A person who removes their single use surgical face mask under paragraph 33 must resume wearing the single use surgical face mask as soon as practicable after the circumstance ends.

*Example – a person must resume wearing a face mask as soon as they leave the distressed resident's room.*

35. A person may be required to wear additional personal protective equipment in certain circumstances in accordance with Queensland Health's Residential Aged Care Facility and Disability Accommodation PPE Guidance.

Sundale will continue to work with Queensland Health and make responsible, considered decisions to help minimise the threat of COVID-19 entering Sundale.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'DM', is positioned above the typed name.

Danielle Mackenzie  
Sundale CEO