



SUNDALE

Because we care

Spotlight

NO 29 | FEBRUARY 2022

The Voice of the Sundale Community



RETIREMENT COMMUNITIES

Coolum Waters

Coolum's new entry signage has been finished, and doesn't it look fantastic!

Christmas lunch at Coolum looked like a wonderful celebration – a huge thank you to Jan Redfern and her many helpers.

Australia Day at Coolum turned competitive with a game of pin the tail on the kangaroo!

A massive thank you to Phil Peart and his helpers for organising the Australia Day barbeque.



Palmwoods Garden Village

The meaning of Christmas was alive and well at Palmwoods Garden Village, with residents hosting a Christmas Carol Singalong in December which supported local not-for-profit, Restoring Hope Parkinson's Therapy.

Sundale resident, Peter Stidolph, helped organise the event, with the choir made up of people with Parkinson's disease or those caring for others with Parkinson's.

A pianist, guitarist, drummer and three wonderful harp players supported the choir.

Street E at Palmwoods Garden Village was transformed into 'a home amongst the gum trees' for Australia Day.



CARE CENTRES

Aloaka

The spirit of the festive season was on full display at Kilcoy prior to Christmas.

Residents at Aloaka Care Centre residents were treated like VIPs as they watched performances from local students and entertainers at the Christmas Carnival.

Sundale would like to thank one of its wonderful volunteers, Dennis, for making Christmas special.

Dennis made and delivered some Christmas trees, which the residents decorated.

Don't tell Rudolph, but the residents at Aloaka went reindeer hunting prior to Christmas!

Thank you to Somerset Health and Fitness who facilitated a wonderful sit-dance session with Aloaka's residents recently.

Residents celebrated summer by feasting on iced coffee, mango sorbet and fruit kebabs, while reminiscing about beach days and picnics.

It's better to give than to receive. Just ask Aloaka's residents who recycled old Christmas cards into chocolate boxes to gift to family and friends.

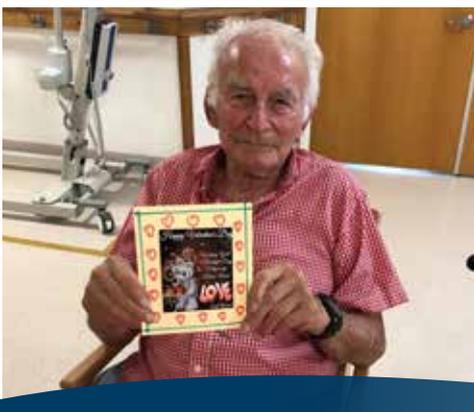
A cold beer, a great view and some good mates.

It looks like Aloaka's first Blokes Brigade BBQ was a huge success.

Thank you to Marcus from Sundale's wellbeing team for cooking the BBQ, and volunteer Larry for his help with the food and drinks.

The residents at Aloaka Care Centre celebrated Valentine's Day by making these wonderful homemade cards.

Aloaka residents were transported to Croatia earlier this month as part of armchair travel and had the opportunity to sample delicious Croatian cevapi and fritters.



James Grimes

It was anything but a Silent Night when the SingSpire Choir came to James Grimes Care Centre.

At the end of the concert, the singers gifted the residents some wonderful Christmas cookies.

It's better to give than receive and that's exactly what the kindergarten students at Community Kids Yandina and the residents at James Grimes Care Centre have been doing.

The students gifted the residents some handmade Christmas baubles and ornaments. In return the residents made a spectacular Christmas tree for the students.

The James Grimes Care Centre Christmas party was a huge success. Special thanks to Joan and Val for the concert!

Did you know Santa and his elves spent Christmas morning at James Grimes Care Centre?

The residents had a wonderful time opening presents and were entertained by local musician John Buckley.

Have you heard about James Grimes Care Centres' amazing Christmas door competition which sees residents' doors transformed into works of art?

Congratulations to Rheamae, Lucy and Katherine for taking out the top prizes.

The resident green-thumbs at James Grimes Care Centre opted for succulents over potted colour in January.

The plants will be sold to help fund a raft of lifestyle activities.

Gardening



The talented students at North Arm State School delivered some Christmas cheer to the residents at Coolum Waters Care Centre in December, courtesy of some hand-made Christmas cards.

The only thing better than singing is more singing and that was definitely the case at the Coolum Waters Care Centre carols prior to Christmas.

Santa passed all the necessary COVID-19 protocols to visit the residents and their families at Coolum Waters Care Centre in December.



CARE CENTRES

McGowan



McGowan's residents and team members looked picture perfect in the lead-up to Christmas.

It's always the small pieces that make the big picture, as McGowan Care Centre's Rita Lyell recently discovered.



It looks like everyone had a great Australia Day!

Despite COVID-19 restrictions, the residents at McGowan Care Centre were bowled over by the antics of carers Kate and Hayley and the Australia Day gift packs they delivered.

Residents were gifted an activity book, green and gold lollies, crinkle cut chips, lemonade, lamingtons and biscuits in the shape of Australia.



It was a double celebration for Marcia Smith on Australia Day, who celebrated her 78th birthday.

Happy birthday Marcia, we hope you had a wonderful day.



It looks like everyone made the 'nice' list at Bindaree Care Centre.

Nothing says Australia Day quite like a lamington cake in the shape of Australia.

The residents at Bindaree also enjoyed delicious pavlovas.

Using the immortal words of Ralph Wiggum, Sundale's amazing carers said:

I choo-choo-choose you at Bindaree Care Centre yesterday to celebrate Valentine's Day.

Bindaree Care Centre's resident green thumbs have been hard at work planting strawberries, cherry tomatoes and herbs.



CARE CENTRES

Palmwoods Garden Village

Mrs Claus was the guest of honour at Palmwoods' Christmas celebrations.

Christmas

The residents at Palmwoods Garden Village celebrated Australia Day in style, with a singalong, lamingtons for morning tea and delicious meat pies for lunch!

Chocolate, roses, cupcakes and balloons. Valentine's Day looked rather special at Palmwoods.

Tea and freshly made pancakes. Can morning tea get any better?



It looks like Bowder's residents had a wonderful time celebrating the festive season with Santa.

Thursday 17 February was Crumpet Day at Bowder, with residents enjoying the delicious treat in the outside courtyard.

Crikey, it looks like the true-blue mates at Bowder Care Centre had a fair dinkum day celebrating Australia Day.



CARE CENTRES

Rod Voller

It looks like everyone had a wonderful time at Rod Voller at Christmas.

The amazing team at Rod Voller Care Centre took time out to wish everyone a very Merry Christmas late last year.

Rod Voller residents also enjoyed a special visit from Santa and his helper.

Dancing is the best medicine, as the residents at Rod Voller Care Centre recently discovered.

Happy birthday to the wonderful and delightful Phillis Butt who recently celebrated her 102nd birthday.

A huge shout-out and thank you to Sundale's remarkable team, including the carers at Rod Voller Care Centre who have been keeping residents safe and entertained throughout the COVID-19 situation.

Inspired by Ash Barty and her triumph at the Australian Open, the residents at Rod Voller Care Centre enjoyed a spirited game of balloon tennis.

Margaret's overhead smash and Olive's backhand were particularly impressive!

Rod Voller residents recently enjoyed a

sensory stroll through the gardens and had a wonderful time listening to nature, bird watching and observing the antics of the water dragons along the creek.

Pro Hart has some competition, judging by the resident paintings at Rod Voller Care Centre.

The residents at Rod Voller Care recently celebrated the start of the Chinese New Year. To mark the Year of the Tiger, residents enjoyed armchair travel to the Great Wall, learnt about traditional dance and culture and enjoyed a variety of Chinese dishes.

Love was definitely in the air at Rod Voller Care Centre today with Valentine's Day bingo, a heart tree and nine different treat options available from the café, which were all made with love (and chocolate).

One of the highlights on Rod Voller Care Centre's monthly social calendar is the Ladies High Tea.

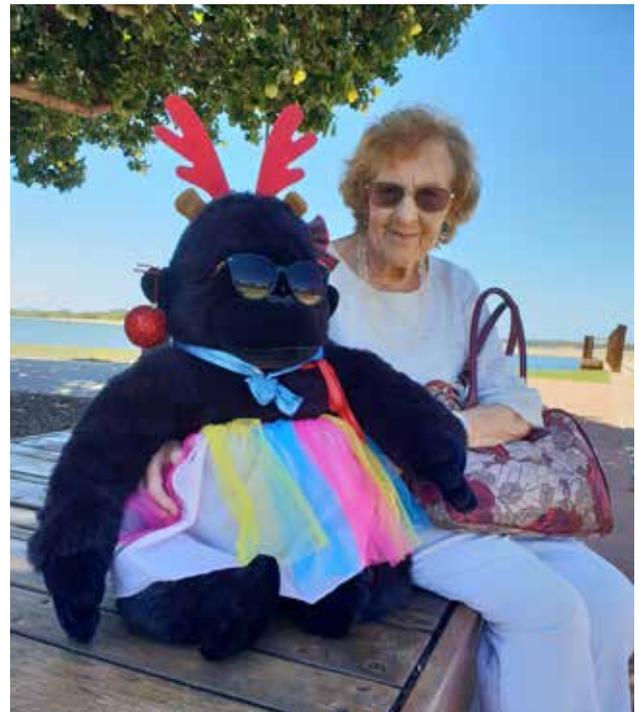
Who doesn't love feeling special, catching up with friends and enjoying some delicious treats?



In-Home Care

A belated Merry Christmas from Sundale's amazing In-Home Care team, who celebrated the start of the festive season on the Noosa River.

Did you know Sundale's In-Home Care clients have a mascot, Gloria the gorilla?



News & Events

Singspire

A heart felt thank you to SingSpire Choir who entertained and brought joy to Sundale's residents with their Christmas concerts in late December.

Sundale is delighted to welcome Richard Langley to the team as Executive Manager of Corporate Performance.

Richard has extensive experience in senior financial and commercial roles for private, public, and not for profit organisations. He also has knowledge of the aged care sector.

We'd like to thank and acknowledge Anita Mitchell and the finance and IT teams for taking on additional workload prior to Richard's appointment. Everyone has gone above and beyond, thank you.

