



SUNDALE  
CREATING COMMUNITIES SINCE 1963

# Spotlight

NO 15 | JUNE 2020

The Voice of the Sundale Community





## From the CEO's desk

Thank you for your support and discipline over the past three and a half months.

Hello Sundale community,

Thank you for your support and discipline over the past three and a half months.

COVID-19 has meant we've all had to make sacrifices, including the way we live our lives.

However, your considered actions have helped minimise the threat of COVID-19 entering Sundale.

The risk is not over, however, I'm pleased to report there are still no confirmed cases of COVID-19 at any Sundale Care Centre or Retirement Community.

Sundale will continue to take a responsible and considered approach to protect the health and wellbeing of its care recipients and team members to help minimise the threat of COVID-19 entering a Sundale Care Centre.

To help simplify our approach, we've created Sundale's roadmap to easing restrictions.

Our four-phase approach is a guide for our care recipients and their family and friends. Importantly, it also aligns with recommendations from the Queensland Government and Aged Care Direction No.6.

The residents in Sundale's Retirement Communities have been nothing short of amazing over the past three and a half months.

As the Queensland Government continues to ease restrictions, I encourage everyone to:

- Practice social distancing - stay at least 1.5 metres away from others;
- Make certain there is at least 4 square metres per person when indoors;
- Practice hand hygiene;
- Practice respiratory hygiene;
- Frequently clean and disinfect your environment;
- Be willing to undergo a screening process (including temperatures / previous travel).

We were delighted to launch the Sundale Residential Assistance Program earlier this month, which provides all ILU residents with free, emotional and psychological support programs from qualified practitioners, including psychologists, social workers and counsellors.

To access the free, confidential service, please call 1800 818 728.

Sundale's dedicated and kind team members have continued to do a remarkable job throughout the COVID-19 situation. In particular, I would like to congratulate Sundale's COVID-19 Response Team (SCRT) who has skilfully managed the evolving COVID-19 situation for the past three and a half months.

The SCRT's purpose is to effectively direct and oversee organisational governance and to help reduce the threat of COVID-19 at Sundale.

On a sober note, Sundale lost a giant earlier this month, Sir Clem Renouf.

Sir Clem's extraordinary life was one of generosity, compassion and vision. A truly exceptional man, Sir Clem made an enormous difference to the lives of countless people throughout South East Queensland and at Sundale.

Finally, it was wonderful to see so many of our Lifestyle Coordinators organise Show Days for our care recipients this month - I heard the hot chips and show bags were an absolute hit!

Thanks, and appreciation,

**Danielle Mackenzie**  
*Sundale CEO*

## Sir Clem Renouf

Earlier this month, Sundale lost a giant – Sir Clem Renouf.

Sir Clem's extraordinary life was one of generosity, compassion and vision.

Sir Clem's wonderful legacy at Sundale has many aspects, but surely the most enduring was his decision, along with James Grimes and Roy Charlton to help fund the purchase of an 18-acre site by Doolan and Carter Roads in Nambour in 1961.

Over the ensuing 59 years, the site, which is home to Sundale's Nambour Garden Village has been a place of comfort and kindness to thousands of residents and their families.

Sir Clem's visionary investment in Sundale and the local community was an exemplary act that also inspired others to support the organisation. Simply put, without Sir Clem, there would be no Sundale.

Sir Clem was a truly exceptional man who made an extraordinary difference to the lives of countless people throughout South East Queensland and at Sundale.



## Care Centres update

Last week, Sundale implemented a raft of consistent processes, which will protect the health, safety and wellbeing of our care recipients and our dedicated team members.

In line with Aged Care Direction (No.6), care recipients are allowed to leave Sundale for a range of reasons, including but not limited to:

- Exercise;
- Attending small family gatherings of up to 20 people (as long as physical distancing can be maintained);
- Receiving or accessing health care including mental health and allied health services;
- Receive end of life support or Palliative Care;
- Attending a funeral;
- Visiting another residential aged care facility.

In line with Aged Care Direction (No.6), Sundale must not permit a care recipient to leave the facility for external excursions with a group of care recipients (e.g. a group of care recipients cannot be taken on a day trip to the beach).

Sundale will require 48 hours notification of any care recipient leave requests. This is to ensure sufficient time is allocated to undertake all relevant risk assessment processes prior to the care recipient's leave commencing.

In line with Aged Care Direction (No.6), care recipients can have two visitors at any one time. There is no limit on the number of visits allowed in a day or the length of each visit, however, visitors must register their intent to visit by contacting their Care Centre.

Sundale may also allow the following persons to visit a Sundale Care Centre, including but not limited to:

- Hairdressers;
- Legal advisors;
- Mental health providers (e.g. diversional therapists and music therapists);
- Allied health providers (e.g. podiatrists).

### Flu vaccinations

From 1 May 2020, the Australian Government requires everyone who enters an aged care facility to have an up-to-date seasonal flu vaccination. Visitors will need to:

- Provide accurate details on their current health status to team members at Sundale's Care Centres;
- Be willing to undergo a screening process (including temperatures / previous travel);
- Reschedule their visit when feeling unwell.

### Continuing conditions

The following conditions remain in place at Sundale's Care Centres. Visitors and care recipients must:

- Practice social distancing - stay at least 1.5 metres away from others;
- Make certain there is at least 4 square metres per person when indoors;
- Practice hand hygiene;
- Practice respiratory hygiene;
- Frequently clean and disinfect your environment;
- Be willing to undergo a screening process (including temperatures / previous travel).

International Men's Health Week in June provided everyone at Sundale with an opportunity to have a simple, but important conversation with the men in our lives.

Men's Health Week works on the understanding that the best people to improve men's health are those who live, work and play alongside men and boys in communities around Australia.

Please ask the men in your lives if they are okay and remind them that seeking mental health support is a sign of strength, not weakness.

# MEN'S HEALTH WEEK MENTAL HEALTH FACTS



**1 in 8** men will experience depression

AND



**1 in 5** will experience anxiety at some stage of their lives

Around **1.5 million**

Australian men aged 18 years and over (17 per cent) had a self-reported mental or behavioural condition in 2014-15, according to the Australian Bureau of Statistics (ABS).

Blokes make up an average

**6 out of every 8** suicides every single day in Australia



Males are more than **2x** as likely to have substance use disorders and more than three-times more likely to commit suicide than females

Depression is still a significant factor in the high male suicide rates, but not in the majority of cases. Male suicides are more commonly linked to a range of distressing life events such as



Unemployed males commit suicide at a rate that is **4.6x** higher than their employed counterparts



# Sundale's roadmap to easing restrictions

Sundale will continue to take a responsible and considered approach to protect the health and wellbeing of its care recipients and team members to help minimise the threat of COVID-19 entering a Sundale Care Centre.

Our four-phase approach is a guide for our care recipients and their family and friends. Importantly, it also aligns with recommendations from the Queensland Government and Aged Care Direction No.6.

To help simplify our approach, we've created Sundale's roadmap to easing restrictions.

## Sundale's roadmap to easing restrictions

**Continuing conditions** - Keep social distancing - Stay at least 1.5 metres away from others - Make sure there is at least 4 square metres per person when indoors - Practice hand hygiene - Practice respiratory hygiene - Frequently clean and disinfect your environment - Be willing to undergo a screening process (including temperatures / previous travel).

**In line with recommendations from the Queensland Government, visitors and team members should not enter a Sundale Care Centre if:**

- They have been diagnosed with COVID-19 and have not finished their isolation;
- They returned to Queensland from overseas or interstate within the past 14 days;
- They have been in contact with someone who has had a confirmed case of COVID-19 within the past 14 days;
- They have a fever or symptoms of a respiratory infection such as a cough, sore throat or breathlessness of breath.

### Phase One

#### CARE CENTRES

Sundale's Care Centres are closed to everyone except essential staff and health practitioners. In line with Aged Care Direction (No.5):

- Sundale Care Centres will not allow casual or non-essential access (which includes families, friends, school groups etc);
- Visits from essential services such as GPs and allied health providers will continue.
- All internal lifestyle programs in each Care Centre have been bolstered to further support our care recipients.

From 1 May 2020, the Australian Government requires everyone who enters an aged care facility to have an up-to-date seasonal flu vaccination. Visitors will need to:

- Provide accurate details on their current health status to team members at Sundale's Care Centres;
- Be willing to undergo a screening process (including temperatures / previous travel);
- Reschedule their visit when feeling unwell.

If you believe your circumstances are extraordinary and you need to visit a family member, Sundale will of course consider your request.

All requests will be assessed on a case-by-case basis by the Manager/ Clinical Nurse, in partnership with the Executive Manager Aged Care and Community Services.

In line with Aged Care Direction (No.5), visits will be capped at two hours, with children under 16 years of age not permitted on site.

#### PALLIATIVE CARE / END OF LIFE

Sundale will ensure visits for family members in Palliative Care or for the purposes of end of life support including children under 16 years of age will occur.

#### WINDOW THERAPY

Sundale's Window Therapy program allows family members to see and connect with their loved ones through a window. Family members and friends can book a Window Therapy session by contacting their Care Centre.

### Phase Two

#### CARE CENTRES

Phase 2 of Sundale's roadmap to easing restrictions at its Care Centres will include face-to-face communication between care recipients and their families and friends. Face-to-face visitations will take place in a designated visiting room at each site or within Sundale's grounds. To manage expected demand and to ensure as many families and friends can visit a loved-one who resides at a Sundale Care Centre, visitations may be capped at 30 minutes. Care Centre visits are limited to a maximum of two visitors at a time per care recipient. Visitors must register their intent to visit by contacting their Care Centre.

#### CHILDREN

In line with Aged Care Direction (No.6), children under 16 years of age are now permitted on site.

#### PALLIATIVE CARE / END OF LIFE

Sundale will help organise visits for family members in Palliative Care or for the purposes of end of life support.

#### CONTINUING CONDITIONS

The following conditions remain in place at Sundale's Care Centres. Visitors and care recipients must:

- Practice social distancing - stay at least 1.5 metres away from others;
- Make certain there is at least 4 square metres per person when indoors;
- Practice hand hygiene;
- Practice respiratory hygiene;
- Frequently clean and disinfect your environment;
- Be willing to undergo a screening process (including temperatures / previous travel).

### Phase Three

#### CARE CENTRES

In line with Aged Care Direction (No.6), Phase 3 of Sundale's roadmap to easing restrictions at its Care Centres will see care recipients allowed to leave Sundale for a range of reasons, including but not limited to:

- Exercise;
- Attending small family gatherings of up to 20 people (as long as physical distancing can be maintained);
- Receiving or accessing health care including mental health and allied health services;
- Receive end of life support or Palliative Care;
- Attending a funeral;
- Visiting another residential aged care facility.

In line with Aged Care Direction (No.6), Sundale must not permit a care recipient to leave the facility for external excursions with a group of care recipients (e.g. a group of care recipients cannot be taken on a day trip to the beach).

**Sundale will require 48 hours notification of any care recipient leave requests. This is to ensure sufficient time is allocated to undertake all relevant risk assessment processes prior to the care recipient's leave commencing.**

In line with Aged Care Direction (No.6), care recipients can have two visitors at any one time. There is no limit on the number of visits allowed in a day or the length of each visit. **Visitors must register their intent to visit by contacting their Care Centre.**

Sundale may also allow the following persons to visit a Sundale Care Centre, including but not limited to:

- Hairdressers;
  - Legal advisors;
  - Mental health providers (e.g. diversional therapists and music therapists);
  - Allied health providers (e.g. podiatrists).
- Visitors, aged care staff, health workers, volunteers, etc. will not be allowed to enter a Sundale Care Centre unless they have an up-to-date seasonal flu vaccination.

#### CONTINUING CONDITIONS

The following conditions remain in place at Sundale's Care Centres. Visitors and care recipients must:

- Practice social distancing - stay at least 1.5 metres away from others;
- Make certain there is at least 4 square metres per person when indoors;
- Practice hand hygiene;
- Practice respiratory hygiene;
- Frequently clean and disinfect your environment;
- Be willing to undergo a screening process (including temperatures / previous travel).

### Phase Four

#### CARE CENTRES

Phase 4 of Sundale's roadmap to easing restrictions at its Care Centres will see visiting hours for family and friends return to pre-COVID-19 restrictions.

Sundale will continue to implement processes which protect the health, safety and well-being of our care recipients and the wider Sundale community.

Sundale will be guided by the direction from the Chief Health Officer, in accordance with emergency powers arising from the declared public health emergency with regard to visitation arrangements for all visitors within their Care Centres.

Visitors will be required to register their details when entering a Care Centre.



Sundale will continue to take a responsible and considered approach to protect the health and wellbeing of its care recipients, residents and team members to help minimise the threat of COVID-19 entering a Sundale Care Centre. The above roadmap aligns with the Queensland Government's roadmap to easing restrictions. Sundale's roadmap to easing restrictions is subject to change. Current as at 24 June 2020.

Click on the link above to download the roadmap

# COVID Response Team

The Sundale community would like to congratulate Sundale's COVID-19 Response Team (SCRT) who has skilfully managed the evolving COVID-19 situation for the past three and a half months.

The SCRT's purpose is to effectively direct and oversee organisational governance and to help reduce the threat of COVID-19 at Sundale.

## Some of their key achievements in this month include:

A mock COVID-19 outbreak at each of Sundale's Care Centres

The simulation allowed Site Managers to implement their COVID-19 Outbreak Response Plans. Industry peak body, Leading Age Services Australia (LASA) was so impressed with Sundale's approach and comprehensive evaluation, they requested access to our Outbreak Checklist to share with other aged care providers.

## Expert management of Sundale's PPE stockpile

Thanks to the SCRT, in the event of a positive COVID-19 test, sites will be able to access a 48-hour COVID-19 specific PPE kit within one hour of notification (90 minutes for Aloaka).

## Cloth masks

The team has prioritised preventative PPE, with cloth masks now available and currently being distributed to all sites, for team members who wish to access additional protection controls in the workplace.

## Flu vaccination clinics

Sundale's Flu vaccination clinics were a major success, with the overwhelming majority of all staff vaccinated against the flu.

## Visitor Access Code

From day one, Sundale has been a strong advocate for a compassionate and consistent visitor policy which reduces the threat of COVID-19, while providing innovative on-site visiting solutions which helped maintain the mental health of care recipients.

In total, 13 aged care peak bodies and consumer advocacy organisations created the nationally consistent Code, which aims to ensure the safety and wellbeing of residents in aged care without compromising their health when being visited by family and friends.

Pleasingly, the Code endorses the policies Sundale has had in place for the past few weeks.

Sundale's Executive Leadership Team and other senior leaders within the organisation make up the SCRT. Occasionally, the SCRT will call upon other senior members of staff to provide assistance and content expertise.

The SCRT team will continue to operate until the end of the COVID-19 situation. They can be contacted via [emailCOVIDResponseTeam@sundale.org.au](mailto:emailCOVIDResponseTeam@sundale.org.au).

# Options for funding Australia's future aged care needs

The suggestion that working Australians could pay into a social insurance scheme to fund their future age care needs is among a series of options canvassed in a new consultation paper released by the Royal Commission into Aged Care Quality and Safety.

Australia's aged care system needs a secure and sustainable source of funding now and into the future. With the changing age profile of our working population, and the growing number of people aged over 85 years, the pressure on aged care spending will only increase.

The consultation paper, Financing Aged Care, prepared by the Royal Commission, is available on the Commission's website. It examines how aged care is funded in Australia and overseas, and considers a range of options that have the potential to transform the way aged care is funded and delivered in Australia.

The Interim Report of the Royal Commission, released in October 2019, found that there are endemic and system-wide problems with aged care in Australia, that the aged care system requires fundamental reform, and that the reforms necessary to improve the quality and safety of aged care will require a significant injection of additional funding.

Royal Commissioners, the Honourable Tony Pagone QC and Ms Lynelle Briggs AO, are inviting submissions on the funding options raised in the paper about the future financing of the aged care system.

"Subject to the responses we receive, it is our intention to consider a smaller set of options in more detail and undertake further modelling to inform the recommendations we make in our Final Report," the Commissioners said.

"A number of options for alternative approaches to financing aged care are examined in this paper, many of which are employed in other countries. Some of them would be familiar to Australians, while others would be less familiar: such as the purchase of annuities to cover aged care costs or the use of private insurance companies to collect, manage and disburse payment to aged care providers.

"There will be a range of views on the questions we pose in this paper, and there will not always be simple solutions. This is, however, an important debate, and we encourage the Australian community to engage in this conversation in the interests of improving the quality and safety of care for older Australians."

Under current aged care funding arrangements, about 75 per cent of funding comes from the Australian Government with the remainder as co-contributions from the user. This funding has grown substantially over the past 60 years to around one per cent of GDP.

# Retirement Community update

The consultation paper considers a number of options under three broad approaches:

- Minimal change, based on continued current taxpayer-funded aged care with co-contributions from users;
- Social insurance models, involving mandatory personal contributions to pooled funds managed by an Aged Care Insurance Commission or by private providers;
- Private insurance and other voluntary arrangements.

The paper explains, for example, that new funding arrangements could include adapting current funding methods, and possibly a hypothecated fund for future aged care needs, or a compulsory social insurance

scheme, similar to accident compensation schemes. Such a scheme can be operated within the public or private sectors, or by a mix of both.

Other options include private financing mechanisms to fund aged care including superannuation, private insurance, gap cover and other financial products such as annuities and reverse mortgages. Options such as these are already used in relation to retirement incomes and health insurance.

These options are not mutually exclusive; the paper examines a mix of options.

Article courtesy of the Royal Commission into Aged Care Quality and Safety

## Aged Care Royal Commission update

The Royal Commission into Aged Care Quality and Safety will resume hearings next month (July) after a break to protect hearing participants and staff during the initial stages of the COVID-19 pandemic.

The suspension has also allowed those working in the aged care sector to focus on managing the impact of the pandemic on their delivery of aged care services.

At the time the Royal Commissioners suspended hearings on 20 March 2020, a hearing was to commence on mental health, oral health and allied health care in aged care provision. This hearing will now take place in Melbourne from 15 to 17 July 2020.

While hearings have been suspended, Royal Commissioners and staff have continued to work on research and policy development as part of preparation for the final report, which is due to be finalised in November 2020. Some of this research will be released to the public in the coming weeks.

Melbourne Hearing 4 will be closed to the public due to COVID-19 restrictions.

Our residents' support, discipline and considered actions over the past three and a half months have helped minimise the threat of COVID-19 entering a Sundale Retirement Community.

In line with recommendations from the Queensland Government, visitors and team members should not enter a Sundale Retirement Community if:

- They have been diagnosed with COVID-19 and have not finished their isolation;
- They returned to Queensland from overseas or interstate within the past 14 days;
- They have been in contact with someone who has had a confirmed case of COVID-19 within the past 14 days;
- They have a fever or symptoms of a respiratory infection such as a cough, sore throat or shortness of breath.

At all times, residents must:

- Keep physical distancing - stay at least 1.5 metres away from others;
- Make sure there is at least 4 square metres per person when indoors;
- Practice hand hygiene;
- Practice respiratory hygiene;
- Frequently clean and disinfect your environment.

In Stage 2 of the Queensland Government's Roadmap to Easing Restrictions, gatherings of up to 20 people are now permitted at:

- Homes;
- Public spaces and lagoons;
- Non-contact indoor and outdoor community sport;
- Personal training;
- Gyms, health clubs, and yoga studios;
- Pools (indoor and outdoor) and community sports clubs;
- Museums, art galleries and historic sites;
- Weddings;

- Parks, playground equipment, skate parks and outdoor gyms;
- Libraries;
- Hiking, camping and other recreational activities in national and state parks;
- Places of worship and religious and civil ceremonies.

Dining in or seated drinks in restaurants, cafes, pubs, registered or licensed clubs, RSL Clubs, hotels and casinos (no gaming) is also permitted, with up to 20 patrons per room or per defined area (indoors or outdoors) for a venue allowed when following a COVID SAFE Industry Plan.

Funerals are also permitted to have up to 100 people, while recreational travel, camping and accommodation, including caravan parks is now permitted Queensland-wide.

### Meetings

It's essential all residents adhere to the Queensland Government's Roadmap to Easing Restrictions recommendations, especially at resident committee meetings.

Resident Committee Presidents will ensure restrictions are not breached and will implement a framework, which requires residents to register to attend a committee meeting.

Residents must also adhere to physical distancing recommendations and practice good hand and respiratory hygiene at meetings.

### Cleaning

To help protect the health and wellbeing of all residents and to minimise the threat of COVID-19 entering a Sundale Retirement Community, it's essential residents thoroughly clean and disinfect all surfaces at the conclusion of all gatherings in Sundale's clubhouses.

Sundale will also methodically clean and disinfect clubhouses once a week.



## Is In-Home Care right for me?

It can be difficult struggling with everyday tasks that a few short years ago were simple and easy to complete.

Despite needing support, many of us are resistant to the idea of retirement living or senior independent living, particularly if we want to stay in our homes for as long as possible.

A win-win solution could be In-Home Care, however, it's important to ask yourself and those who care about you a few important questions first.

### When should I consider In-Home Care?

We all want to stay happy and healthy in our own home for as long as possible, but don't wait until it's too late. Have a conversation with the people you love when you're active, healthy and independent. My advice is to be proactive about the support you may need in the future, and remember, it's okay to ask for help.

### I know I need support, but I don't know what kind – can Sundale help?

Everyone's needs are different, that's why a member of Sundale's caring team will spend time with you and your loved ones to learn more about your health history and your future healthcare needs.

### What type of In-Home Care support is available?

As the In-Home Care Sunshine Coast and In-Home Care Kilcoy specialists, Sundale offers a range of aged care services including domestic assistance, social support, personal care, home maintenance and gardening, nursing care and transport.

At Sundale, we can also develop a tailored plan that suits you and your lifestyle, boosts your independence and allows you to stay in your own home for longer.

### I just need some support around the house – can Sundale help?

Whether it's making the bed, doing the laundry, vacuuming the house or unpacking the dishwasher, Sundale's specialist team of carers can support you and your needs, so you can focus on the activities you enjoy.

### If my needs change, can I receive additional In-Home Care support?

Absolutely. You can't put a price on peace of mind and the convenience of having expert, personalised care in your own home.

Sundale's specialist team of registered nurses and carers understand that from time-to-time you may need a little help following a medical setback or a pre-existing health issue.

Whether you need a little support every now and again or ongoing care, Sundale's friendly, caring and experienced nursing team will be beside you every step of the way.

### Do I get to choose my carer?

Trust is essential, that's why Sundale only uses experienced, caring and friendly nurses and carers who will complement your lifestyle and help identify and neutralise potential health issues before they arise.

*Amanda Arnison is Sundale's In-Home Care Manager*



## In focus

**NAME** Chelsea Wright

**POSITION** HR and Payroll Administration Officer

**LOCATION** HR team Nambour

**HOW LONG HAVE YOU WORKED AT SUNDALE?**  
Almost 2 years

**WHAT WAS THE BEST CONCERT YOU EVER ATTENDED?**  
Country Music Festival 2018

**WHERE'S YOUR FAVOURITE PLACE IN THE WORLD?**  
Home with my family

**WHAT'S THE LAST BOOK YOU READ?**  
Wilbur Smith's autobiography – On Leopards Rock

**WHAT ARE YOU PASSIONATE ABOUT?**  
Reading, my family and sport

**WHAT'S YOUR FAVORITE MOVIE?**  
The Guernsey Literary and Potato Peel Pie Society

**WHAT'S THE CRAZIEST THING YOU'VE EVER DONE?**  
Nothing too out there but I like to shoot at a range or on the farm

**WHAT ARE YOU CURRENTLY WATCHING ON NETFLIX?**  
Not Netflix but Big Little Lies

**WHO WOULD YOU MOST LIKE TO SWAP PLACES WITH FOR A DAY?**  
Anyone who is currently on a holiday

**WHAT'S YOUR SECRET TALENT THAT NO ONE KNOWS ABOUT?**

Used to be a great dancer during school

**WHICH FOUR INDIVIDUALS, LIVING OR DEAD, WOULD YOU LIKE TO EAT DINNER WITH THE MOST?**

Wilbur Smith, Matthew Reilly, J.K Rowling and C.S Lewis

# CELEBRATING WITH SUNDALE

The show must go on (even if the Nambour Show has been cancelled), as James Grimes Care Centre care recipients recently discovered.

'Show Day' featured Dagwood Dogs, hot chips, an egg and spoon race, a side show alley, a vegetable display and show bags.

(1-5)

Nambour Show organizers might be calling the Sundale team at McGowan to oversee next year's event, judging by the activities the care recipients enjoyed at the McGowan Show.

There was spin the wheel, a fashion parade, an indoor bowls competition, go carts (with remote control cars), clown machine games, show bags, heaps of giveaways, hot chips, Pluto Pups and a BBQ lunch! (6-9)

Earlier this month the team at Bowder organized an extraordinary Show Day for the care recipients, which included a fashion parade, a sideshow alley, a fishing pond and a shooting gallery. (10-12)

Talk about innovative! The team at Rod Voller created a giant game of Kerplunk. (13)

Earlier this month the team at Rod Voller recognized World Elder Abuse Day.

Wearing purple to commemorate the day, team members had a conversation (over delicious cupcakes) with the care recipients and explained the different forms of abuse and the ways it can be reported. (14,15)



# Milestones

Hip, hip hooray to Alice Parkes who celebrated her 90th birthday earlier this month.

Alice's birthday fell on the same day as the McGowan Show, where she was quite-rightly named 2020 Show Girl.



# We Are Here For You Through COVID-19

**If you are feeling overwhelmed, stressed or anxious, please contact our Employee Assistance Program on 1800 818 728.**

The free, confidential employee assistance counselling service is available to Sundale team members who need additional support.



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[sundale.org.au](http://sundale.org.au)